

♩ = 60 - 140

Paramove

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Vorbereitende Übung zum Improvisieren mit dem Single-Paradiddle. Übe zunächst jede Zeile einzeln zum Metronom, dann alle 8 Takte wie notiert. Danach spiele die ganze Übung zu unten notierten Fuß-Ostinati.

The main exercise consists of eight staves of music, each containing four measures of a single-paradiddle pattern. Each measure is marked with an accent (>). Below each staff is a sequence of foot patterns (R for right, L for left) corresponding to the notes in the staff above. The foot patterns for the eight staves are:

Staff 1: R L R R L R L L R L R R L R L L
Staff 2: R L R L L R L R R L R L L R L R
Staff 3: L L R L R R L R L L R L R R L R
Staff 4: L R R L R L L R L R R L R L L R
Staff 5: L R L L R L R R L R L L R L R R
Staff 6: L R L R R L R L L R L R R L R L
Staff 7: R R L R L L R L R R L R L L R L
Staff 8: R L L R L R R L R L L R L R R L

"Samba" Fuß-Ostinato

Musical notation for the "Samba" foot ostinato, showing a sequence of eighth notes with 'x' marks above them, indicating foot strikes.

"Tumbao" Fuß-Ostinato

Musical notation for the "Tumbao" foot ostinato, showing a sequence of eighth notes with 'x' marks above them, indicating foot strikes.